

# DINNER MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1 (6)	Shepherds Pie	Chicken Cacciatore	Lasagne (Pork)	Lamb Chops & Roast Vegetables	Fish & Chips	Casserole/Stir Fry	Roast Lamb
Week 2 (7)	Sweet & Sour Fish with Rice	Steak and Mash	Chicken Schnitzel	Bolognaise	Hamburgers	Pizza/Chicken Chilli Wraps	Roast Beef
Week 3 (8)	Hi Tin Min	Curry Fish	Roast Pork & Vegetables	Beef Casserole	Ravioli	Mango Chicken	Roast Pork
Week 4 (9)	Butter chicken & Rice	Sausages & Mash	Meatballs and Pasta (Pork)	Beef Skewers & Fried Rice	Cheesie Mac	Pizza/Chicken Chilli Wraps	Roast Chicken
Week 5 (10)	Lamb Chops	Beef Casserole	Thai Chicken & Rice	Sweet & Sour Fish	Sausage in a Bun with Chips	Pizza/Burgers	Roast Lamb

All meals are accompanied with either potatoes, rice, noodles, pasta and salads. Fresh vegetables and fresh fruit are also available.